



Breast feeding policy

Nonnas aims to create an atmosphere in which a breastfeeding mother may feel comfortable when using facilities within **Nonnas**. Accordingly, breastfeeding women may do so within **Nonnas**.

Nonnas recognises that:

- Babies need breastfeeding when they ask for it, their stomachs are small and breast milk is digested quickly
- Breastfeeding works best when mother and baby are relaxed
- Breastfeeding is better for babies than bottle feeding
- Breastfeeding can help hungry, upset babies and toddlers calm down. This is good for us and other diners.

Staff guidelines

A mother who is breastfeeding should not be disturbed; staff should support the mother by responding positively when help is requested.

If another guest complains about a breastfeeding mother, staff should:

- inform the complainant that it is our policy to support a breastfeeding mother
- the complainant should be offered an alternative seat or escorted politely to another area of the restaurant
- refer the complainant to the manager
- All staff members are aware of and trained in the use of this policy

Compiled and Signed by

Daniel Jackson
Operations Director
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